

## **General After Care Instructions For All Permanent or Semi-Permanent Cosmetic Make-Up Applications**

Please follow these instructions after the procedure to improve and prolong the results of Permanent or Semi-permanent cosmetics tattoo makeup. It can greatly affect the results.

Cleansing: Washing very lightly damp Q-tips and antibacterial or oil free green soap ( non-scented orange dial soap is a good option) Repeat this very gently during days 1-4. Please avoid saturating treated area with water. After the initial 3 days you may very sparingly apply ointment to hydrate the area for dryness relief. Do not pick or rub the area. The flakes must fall off on their own or you will risk removing the color and possibly scarring.

- \* DO NOT Touch the healing pigmented art with your fingers, they may have bacteria on them and create an infection.
- \* DO NOT Rub, scratch or traumatize the treated area during the healing process
- \* ( Pigment may be removed along with crusting tissue )
- \* You may apply antibiotic ointment, vitamin A&D ointment vaseline 3 times daily until the procedure area has healed.
- \* If the treated area get wet during the healing process, pat them dry with with clean cotton swab.
- \* Do Not exercise for 14 days. After 14 days when exercising, wear a sweatband to avoid sweat on eyebrow area.
- \* No make-up, contact with animals, gardening for 14 days.
- \* No tinting brows, sun, soap, sauna, Jacuzzi, Swimming in chlorine pools or in the recreational bodies of water, gardening for 30 days, ( until area is completely healed ) post procedure and after all touch-ups.
- \* Do Not soak the treated area in the bath, chlorine pool or hot tub for 30 days.
- \* Do Not expose treated area direct to sunlight. Use a “ total sun block” after treated area has healed to prevent future fading of pigment color.
- \*DO NOT Use products that contain AHA's on the procedure area. ( Example: Glycolic , Lactic Acids, Always check your product labeling ) It will fade your pigment color.
- \*Try to sleep on a satin pillowcase while the procedure is healing.
- \*If you are a blood donor, you may not give blood for 1 year following your permanent make-up application ( per red cross )

\*Touch up visits is necessary scheduled between 30-45 days post procedure.

All Semi-permanent or permanent make-up are a two-steps process. Results are not determined until touch-up application is completed.

\*If you experience any itching, swelling, blistering or any other complications post-procedure stop using products and call your technician immediately. You may be allergic to the after care product you are using !

\* If you have excessive redness, swelling, or tenderness or any red streaks going from the procedure site toward the heart, elevated temperature, or purulent drainage from the procedure site, contact your physician as the area may be infected and you may need to seek medical care. If you have any questions please call: 949-394-8558