

## **Per-Appointment Restrictions**

The following restrictions are to ensure your skin is in the best possible condition for an amazing Microblading procedure. Please read carefully :

- \* Please do not work out the day of the procedure as the body heat will expand the pores !
- \* Avoid heavy sunlight and especially sunburn 3 days before procedure. Skin should not be in process of healing before procedure !
- \* DON'T take drink coffee or anything with caffeine the day of procedure.
- \* DON'T take Aspirin, Niacin, Vitamin E and / or Ibuprofen, omega-3, unless medically necessary, 48-72 hours prior to the procedure. ( Tylenol or acetaminophen is okay )
- \* DON'T drink alcohol 24 hours before the procedure.

**The following treatments should be avoided within four weeks of the procedure:**

- \* Botox or other fillers
- \* Chemical peels
- \* Laser treatments

## **Terms and Conditions**

Candidates who are seeking semi-permanent makeup and who may be contraindicated ( meaning those that we cannot treat are : )

- \* Those under 18 years of age
- \* Pregnant and lactating women
- \* People with skin disease such as psoriasis, eczema and undiagnosed rashes or blisters on the site that is to be treated
- \* People with allergies to makeup or colors
- \* Those with easily triggered post-inflammatory hyperpigmentation are not good candidates
- \* Those with transmittable blood conditions like HIV or Hepatitis
- \* Active skin cancer in the area to be tattooed
- \* Are a hemophiliac
- \* People with diabetes
- \* Have healing disorders on blood thinners, uncontrolled high blood pressure or had mitral valve disorder.
- \* Those on any skin medication such as ro-acutaine, steroids which thin and oversensitize the skin
- \*

Flu or Cold : please stay home; reschedule your appointment if you have cold or flu or sinus/ respiratory infection

If you have any questions about these restrictions, please call: 949-394-8558  
or email to: [beautyenergyworks@gmail.com](mailto:beautyenergyworks@gmail.com)